

Ultrathin TiO₂ Coatings via Atomic Layer Deposition Strongly Improve Cellular Interactions on Planar and Nanotubular Biomedical Ti Substrates

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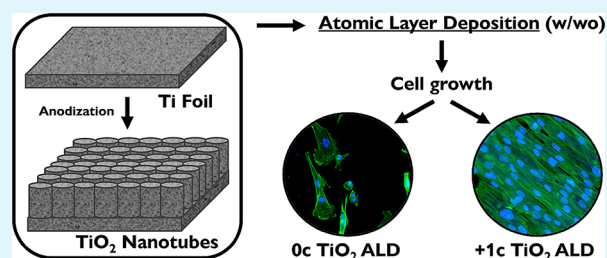
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ABSTRACT: This work aims to investigate the chemical and/or structural modification of Ti and Ti-6Al-4V (TiAlV) alloy surfaces to possess even more favorable properties toward cell growth. These modifications were achieved by (i) growing TiO₂ nanotube layers on these substrates by anodization, (ii) surface coating by ultrathin TiO₂ atomic layer deposition (ALD), or (iii) by the combination of both. In particular, an ultrathin TiO₂ coating, achieved by 1 cycle of TiO₂ ALD, was intended to shade the impurities of F- and V-based species in tested materials while preserving the original structure and morphology. The cell growth on TiO₂-coated and uncoated TiO₂ nanotube layers, Ti foils, and TiAlV alloy foils were compared after incubation for up to 72 h. For evaluation of the biocompatibility of tested materials, cell lines of different tissue origin, including predominantly MG-63 osteoblastic cells, were used. For all tested nanomaterials, adding an ultrathin TiO₂ coating improved the growth of MG-63 cells and other cell lines compared with the non-TiO₂-coated counterparts. Here, the presented approach of ultrathin TiO₂ coating could be used potentially for improving implants, especially in terms of shading problematic F- and V-based species in TiO₂ nanotube layers.

KEYWORDS: TiO₂ nanotube layers, Ti foils, Ti-6Al-4V alloy, atomic layer deposition, cell proliferation, MG-63 cells



1. INTRODUCTION

Metals have been used extensively in biomedical applications. Particularly, titanium (Ti) and its alloys have been widely used for orthopedics and dental implants mainly due to their exceptional corrosion and tribocorrosion resistance, excellent mechanical properties, and biocompatibility.^{1,2} The commercially pure Ti and the Ti-6Al-4V alloy are the most used in biomedical implants.^{3,4} For the classical pure Ti, the passive film on its surface is responsible for the recognized corrosion resistance and enhanced biocompatibility, which is predominantly composed of amorphous TiO₂ and small amounts of suboxides, such as TiO and Ti₂O₃.^{5,6} On the other hand, the passive film on Ti-6Al-4V surfaces is composed of a compact inner TiO₂ layer and a porous layer composed of TiO₂, enriched with Al₂O₃, and V₂O₅ oxides in small amounts in the outermost passive film.^{5,6}

Despite the wide success and usefulness of Ti implants, they may also suffer from degradation processes, such as wear and tribocorrosion, inducing the release of metallic particles and/or ions commonly associated with infections and allergies. As a matter of fact, Ti implants tend to be encapsulated by fibrous tissue, which may compromise the stability of the implant and cause implant loosening.^{7–9}

In recent years, some experimental works have shown the benefit of surface modifications of implants by using nanostructured layers.^{10–13} The reason for this modification is to enhance bone cell proliferation, adhesion, differentiation, and mineralization around the implant, significantly improving the osseointegration. Surfaces of Ti and its alloys can be modified by the plasma electrolytic oxidation (PEO) process,^{14,15} or anodic oxidation,¹⁶ producing a stable TiO₂ layer that highly facilitates osseointegration. TiO₂ nanotube (TNT) layers represent one of the most attractive TiO₂ materials, due to their high surface area, surface chemistry, and hydrophilicity, which all together allow the cells to adhere very well on their surface.^{17–19} Anodic oxidation allows tailoring of the features of the TNT layers such as tube diameter, thickness, and chemical composition. However, the Ti-6Al-4V alloy (and other alloys as well) contains other

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elements, in this case, Al (6 wt %) and V (4 wt %) that may affect the cell growth and cause cytotoxicity, leading possibly to unwanted events such as inflammatory responses, neurological, and non-neurological damages.^{20–22} These species are present in small amounts on the alloy, even when anodized having a nanotubular surface on the very top. In fact, species from electrolytes, such as F species, can also be left within nanotube walls and cause toxicity issues.²³ The solution to this appears more and more to be the atomic layer deposition (ALD) technique, which is an effective technique to produce TiO₂ coatings with precise control of the thickness and without virtually any change in the surface morphology. TiO₂ ALD coating improves water resistance^{24,25} and mechanical properties.^{26,27} Such efforts lead to an increase in interfacial biocompatibility.²³ Enhanced cell adhesion and proliferation can be explained by the increased surface roughness and hydrophilicity of the TiO₂-coated samples, which allows the cells to adhere in greater numbers due to the higher cell-surface interactions.²⁸ Low-temperature ALD is an important technique to functionalize and modify heat-sensitive biomaterials that could be thermally degraded.²⁹ A recent study has demonstrated improved biocompatibility through the addition of a 50 nm-thick layer of TiO₂ on polyetheretherketone.³⁰ The material was tested on the mesenchymal tumor stem cell line ST-2, showing excellent osteoconductive properties. However, achieving such a thickness in ALD involves an extensive process with multiple cycles.^{31–34} Nevertheless, ultrathin TiO₂ ALD coatings can effectively shade potentially poisonous elements, such as F and V, which can be detrimental to biocompatibility properties, decreasing the ALD process time. In our previous work, it was shown that ALD-modified TNT layers with 5c and 150c of TiO₂ can significantly improve the cell growth and the biocompatibility of WI-38 fibroblasts by 50%, SH-SY5Y neuroblasts by 30%, and MG-63 osteoblasts by 30% compared with the uncoated counterparts.^{23,35} The comparison to Ti foils with a native and thermal oxide layer was also carried out.²³

In the present study, a more in-depth study is intended, exploiting the cellular response to crystalline nanotubular oxides on Ti foils and also to amorphous oxides on biomedical Ti alloy (Ti-6Al-4V), which goes significantly beyond our previous work.²³ This research aims to improve the cell growth on surfaces of metallic Ti and Ti-6Al-4V foils in their as-delivered or anodized states (i.e., with TNT layers on their surface) by adding ultrathin (1c, which correspond nominally to a thickness of ≈0.05 nm) TiO₂ coating achieved by ALD process, which effectively reduces the presence of impurities, specifically F and V species, in all the nanomaterials tested while preserving their original structure and morphology. For that, Ti foils, Ti-6Al-4V foils, and TNT layers grown on Ti foils with and without TiO₂ coatings were used to culture different human cell lines such as MG-63, WI-38, A549, U-87 MG, and MRC-5. In addition, TNT layers on Ti foils were investigated in the amorphous and crystalline (anatase) states, provided that these crystalline layers have not been yet exploited with ALD coatings. The entire set was characterized in terms of morphology, crystallinity, surface roughness, and wettability by SEM, XRD, EDS, XPS, AFM, profilometry, and static water contact angle (WCA), respectively. Then, the cell growth on all tested materials was characterized by fluorescence microscopy.

2. EXPERIMENTAL DETAILS

2.1. Synthesis and Characterization of Materials. Prior to all experiments, the Ti (Merck, 0.127 mm thick, 99.7% purity) and Ti-6Al-4V alloy (Goodfellow, 0.1 mm thick, grade 5) foils were cut into square pieces (1.5 × 1.5 cm²), then degreased by sonication in acetone and isopropanol in an ultrasonic bath for 1 min, respectively, and then dried in a N₂ jet. TNT layers were prepared via electrochemical anodization on the Ti foils. The TNT layers were grown at room temperature, and a Pt foil was used as a counter electrode. All anodizations were carried out with a high-voltage potentiostat (HEIDEN, EA-PSI 9200–15, Germany) attached to a digital multimeter (Keithley 2100, USA) in a glycerol-based electrolyte containing 50 vol % water and 0.27 M NH₄F at 4 V for 3 h to obtain TNT layers of a distinct diameter. After the anodization, the TNT layers were sonicated in isopropyl alcohol and dried in air. The as-received TNT layers were amorphous and were further noted as AM-TNT layers.

To obtain a crystalline thermal oxide layer of TiO₂ on Ti foils (further noted as CR-Ti) and crystalline TNT layers (further noted as CR-TNT layers), part of the Ti foils and AM-TNT layers were annealed at 400 °C for 1 h in a static atmosphere of air in a laboratory muffle oven, with a sweep rate of 2.1 °C min⁻¹. For Ti-6Al-4V foils, the samples develop a passive film due to environmental conditions, further referred to as AM-TiAlV.

A part of the Ti and Ti-6Al-4V foils and TNT layers were coated by an ultrathin TiO₂ coating using atomic layer deposition (ALD, TFS200, Beneq). The process was carried out at 300 °C using TiCl₄ (electronic grade 99.9998%, STREM) as the Ti precursor and Millipore deionized water (18 MΩ) as the oxygen source. High-purity N₂ (99.9999%) was the carrier and purging gas at a flow rate of 400 standard cubic centimeters per minute (sccm). Under these deposition conditions, one ALD growth cycle was defined by the following sequence: TiCl₄ pulse (500 ms)–N₂ purge (3 s)–H₂O pulse (500 ms)–N₂ purge (4 s). The corresponding layers are later denoted as +1c TiO₂. The nominal thickness of 1c TiO₂ is 0.055 nm according to our previous studies and reference measurements described there.²³ The executive overview of all Ti and Ti-6Al-4V foils and TNT layers investigated in this study is given in Table 1.

Table 1. Overview of Ti and Ti-6Al-4V Foils and TNT Layers Investigated in This Study

substrate	heat treatment	oxide structure	surface modification	abbreviation used in the text
Ti foil	annealed	crystalline	1 ALD TiO ₂ cycle	CR-Ti
			TNT	CR-Ti+1c TiO ₂
	non-annealed	amorphous	TNT + 1 ALD TiO ₂ cycle	AM-TNT
Ti-6Al-4V foil	annealed	crystalline	TNT	AM-TNT+1c TiO ₂
			TNT + 1 ALD TiO ₂ cycle	CR-TNT
	non-annealed	amorphous	TNT	CR-TNT+1c TiO ₂
			1 ALD TiO ₂ cycle	AM-TiAlV
				AM-TiAlV+1c TiO ₂

The surface morphology of CR-Ti and AM-TiAlV foils and TNT layers was characterized by field-emission scanning electron microscopy (FE-SEM, JEOL JSM 7500F). The dimensions of TNT layers were evaluated by statistical analyses of SEM images using proprietary Nanomeasure software. The quantitative EDX measurements were performed on an electron microscope (LYRA3, Tescan) equipped with EDX analyzer AZtec X-Max 20 (Oxford Instruments) at an acceleration voltage of 20 kV.

The surface chemical composition of all CR-Ti, AM-TiAlV and TNT layers was evaluated by X-ray photoelectron spectroscopy (XPS, ESCA 2SR, Scienta Omicron) using a monochromatic Al Kα (1486.7 eV) X-ray source. The X-ray source was operated at 250 W. The

binding energy scale was referenced to adventitious carbon (284.8 eV). No charging neutralizer was used during the measurements. The spectra were fitted using a Shirley-type background by CasaXPS software. The quantitative analysis was performed using the elemental sensitivity factors provided by the manufacturer.

The wettability of all the materials was evaluated by measuring the static water contact angle (WCA) using a Surface Energy Evaluation System device (see System E, Advex Instruments) with proprietary image analysis software. The measurements were carried out at room temperature using 3 μL droplets contacting the surfaces, and 5 s was allowed to stabilize. The contact angles of the water droplets were fitted by using the tangent line analysis method. Measurements were performed at 5 different positions on each material. All results were expressed as the mean \pm standard deviation (SD).

The surface topography was analyzed by a digital holographic microscope (DHM, DHMR1000, Lyncee Tec, Switzerland) operating at 785 nm in reflection configuration on the scale of 170 μm and by atomic force microscopy (AFM, Solver Pro-M, NT-MDT, Russia) on an area of 5 \times 5 μm^2 . The details of measurement and the statistical approach of roughness analysis labeled by RMS (root-mean-square) are in our previous articles.^{23,36}

2.2. Cell Culture. Human osteoblast-like cells MG-63 (ATCC No. CRL-1427; doubling time, DT = 31 h), human lung fibroblast cells WI-38 (ATCC No. CCL-75; DT = 60 h), and diploid cell culture line composed of fibroblasts MRC-5 (ATCC No. CCL-171; DT = 45 h) were cultured in minimum essential medium (Merck) with 10% (v/v) fetal bovine serum (Gibco), 2 $\text{mmol}\cdot\text{L}^{-1}$ glutamine, 1% nonessential amino acids solution, and 50 $\mu\text{g}\cdot\text{mL}^{-1}$ penicillin/streptomycin solution (Gibco). Human lung carcinoma epithelial cells A549 (ATCC No. CCL-185; DT = 25 h) were cultured in minimum essential medium with 10% (v/v) FBS, 2 $\text{mmol}\cdot\text{L}^{-1}$ glutamine, 1 $\text{mmol}\cdot\text{L}^{-1}$ pyruvate, and 50 $\mu\text{g}\cdot\text{mL}^{-1}$ penicillin/streptomycin and maintained at 37 $^{\circ}\text{C}$ in a sterile humidified atmosphere of 5% CO_2 . Glioblastoma cells U-87 MG (ATCC No. HTB-14; DT = 27 h) were cultured in Dulbecco's modified Eagle medium (Merck) with 15% (v/v) fetal bovine serum (Gibco) and 50 $\mu\text{g}\cdot\text{mL}^{-1}$ penicillin/streptomycin solution (Gibco) followed by incubation in an atmosphere of 5% CO_2 at 37 $^{\circ}\text{C}$. Cells were proven to be mycoplasma-free, and STR analysis confirmed the origin of all cell lines.

2.3. Cell Growth on Materials. Before any further use, the square-shaped substrates were cut into round shapes with a diameter of approximately 5 mm (using sharp scissors) to fit into the wells used for the cell growth. All of the tested materials were sterilized in 70% ethanol for 30 min, washed with deionized water, and dried. The foils were then placed on eight-well chamber slides. Briefly, 200 μL of a suspension of MG-63, WI-38, A549, U-87 MG, and MRC-5 cells with a density of 3×10^3 , 1×10^4 , 7×10^3 , 4×10^3 , and 8×10^3 cells/ cm^2 , respectively. The cells were added to each well of a chamber slide and were seeded and cultured for 24, 48, and 72 h. The cell densities were used to maintain the optimal cultivation conditions for up to 72 h. To visualize actin filaments and cell nuclei, phalloidin-FITC and Hoechst 33258 dyes were used, respectively. After being seeded for 24, 48, and 72 h, cultured cells were fixed with 3.7% formaldehyde (5 min; 37 $^{\circ}\text{C}$; dark) and permeabilized with 0.1% Triton X-100 (15 min; 37 $^{\circ}\text{C}$; dark). Then, 100 μL of phalloidin-FITC (1 $\mu\text{mol}\cdot\text{L}^{-1}$) was added and the samples were incubated for 40 min at 37 $^{\circ}\text{C}$. Ten minutes before the end of phalloidin-FITC loading, 10 μL of Hoechst 33258 solution was added to cells. The final concentration of Hoechst 33258 in a well was 2 $\mu\text{g}\cdot\text{mL}^{-1}$. Then, the cells were washed twice with phosphate-buffered saline (37 $^{\circ}\text{C}$). Actin filaments (FITC filter, 480/30 nm) and cell nuclei (DAPI filter, 375/28 nm) were observed with an Eclipse 80i fluorescence microscope (Nikon, Japan). The number of cells grown on the surface was counted from at least 35 fields of view using an NIS-Elements AR (Nikon, Japan). All experiments were repeated two times independently at least. The number of cell nuclei was related to 1 mm^2 and expressed as mean \pm standard error of the mean (SEM) taken from fluorescence images. Quantitative analysis of the elongation of all cell lines on tested samples was provided using an NIS-Elements AR (Nikon, Japan).

2.4. Statistics. All experiments were repeated at least three times independently. The number of fields was $n = 35$. The results are expressed as the mean \pm SD. Statistical significance was analyzed after normality testing using a one-way ANOVA test followed by a Bonferroni post-test (OriginPro 9.0.0, USA) to compare results to each other at significance level $p = 0.05$.

3. RESULTS AND DISCUSSION

3.1. Surface, Structure, and Composition Characteristics. Top-view SEM images of all of the foils and TNT layers are depicted in Figure 1. The left column shows uncoated

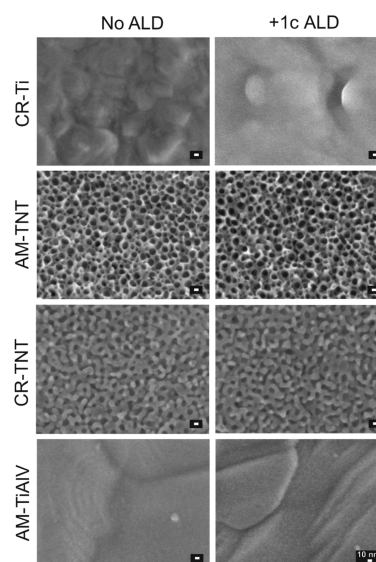


Figure 1. SEM top-view images of CR-Ti and AM-TiAlV foils and TNT layers (CR = crystalline; AM = amorphous). The left column shows uncoated surfaces, and the right column surfaces with ultrathin 1c TiO_2 coatings by ALD.

surfaces, while the right column shows all surfaces after the ALD process of 1c TiO_2 . As one can see by comparison of the columns, the coating of neither foils nor TNT layers with 1c TiO_2 did not result in any morphological changes. This is due to the fact, that the coating is ultrathin (nominal thickness of 0.055 nm).²³ Upon a close look at all CR-Ti and AM-TiAlV foils and TNT layers, one can state that CR-Ti foil exhibits a typical rough surface of a metallic rolled foil, while the AM-TiAlV alloy reveals a surface with a microstructure of equiaxed grains. As a result of the anodization, self-organized TNT layers were obtained on the Ti foils. Upon detailed measurements, inner diameters of ~ 15 nm for AM-TNT and ~ 11 nm for CR-TNT layers were revealed. The layer thicknesses of the corresponding AM-TNT and CR-TNT layers, determined from SEM cross-sectional images, were ~ 280 and ~ 175 nm, respectively (Figure S1a,b). After annealing, the surface and the thickness of the CR-TNT layers may change due to sintering and shrinking, resulting in a smaller inner diameter and thinner TNT layers after annealing.

The surface chemical composition in atomic % was evaluated by XPS (survey spectra, Figure S2), and the results are depicted in Table 2. Some differences in the surface atomic composition of uncoated and 1c TiO_2 -coated CR-Ti and AM-TiAlV foils and TNT layers were observed. For all 1c TiO_2 -coated foils and TNT layers, the amount of F and Al (that stem from the anodization electrolytes used and the composition of the alloy) decreased, while the Ti and O

Table 2. XPS Data Showing the Surface Chemical Composition in atomic % of Uncoated and 1c TiO₂-Coated CR-Ti Foil, AM-TNT and CR-TNT Layers, and AM-TiAlV

substrate	chemical composition (atomic %)							
	C	O	F	Al	Ti	V	N	other
CR-Ti	31.19	42.86	3.19		18.67		3.61	0.48
CR-Ti+1c TiO ₂	32.09	44.57			19.66		3.11	0.57
AM-TNT	29.91	47.29	4.10		17.15		1.55	
AM-TNT+1c TiO ₂	29.98	49.95	0.92		17.75		1.40	
CR-TNT	15.76	59.24	1.07		23.30		0.63	
CR-TNT+1c TiO ₂	19.76	56.92	0.83		21.63		0.77	0.09
AM-TiAlV	43.81	35.31		3.33	11.50		3.25	2.80
AM-TiAlV+1c TiO ₂	43.20	37.22		2.90	11.76		3.18	1.74

increased compared to the uncoated foils and TNT layers.³⁷ This is due to the shading created by the addition of a homogeneous layer of TiO₂ on the entire surface, achieved by a robust ALD protocol that provides enough precursors and time to grow a uniform layer.²³ Other elements like C (adventitious carbon) and N (stemming from the anodization electrolyte and surface contaminants of the foils) did not display significant changes after 1c TiO₂-coated. It was not possible to detect the V on the surface of the foils; however, it was found in the bulk by EDX, as shown in Table S1. Even though the XPS is a sensitive surface technique with a depth interaction only of a few nanometers (~5–10 nm), the addition of such an ultrathin compact TiO₂ layer (as created by 1 ALD cycle) will not entirely prevent the detection of other species underneath the coating. The slight increase of O and Ti in 1c TiO₂-coated TNT layers is evidence of the high purity of 1c TiO₂ (in other words, more stoichiometric TiO₂ than the nanotubular TiO₂).

3.2. Wettability Measurements. Surface wettability significantly influences biocompatibility, such as cellular adhesion, morphology, metabolic activity, and proliferation.^{38,39} Table 3 and Figure S3 show the WCA values and

Table 3. Contact Angles of Water Droplets on Uncoated and 1c TiO₂-Coated CR-Ti, AM-TNT, CR-TNT, and AM-TiAlV

substrate	No ALD	+ 1c TiO ₂
CR-Ti	70.7 ± 1.7°	65.5 ± 2.4°
AM-TNT	110.1 ± 2.4°	62.9 ± 10.7°
CR-TNT	46.0 ± 2.8°	63.5 ± 1.1°
AM-TiAlV	97.9 ± 1.5°	88.6 ± 1.9°

contact angles of water droplets for all materials before and after 1c TiO₂, respectively. The deposition of 1c TiO₂ led to an improvement of the hydrophilic nature of the surface, as indicated by the lower WCA values measured for all materials evaluated, except the CR-TNT samples. The lowering of the contact angle of TiO₂ surfaces after the ALD process of TiO₂ was also observed in the literature.⁴⁰ The reason for the CR-TNT exception against the observed trend must be examined in future work.

3.3. Surface Topography and Roughness. All nanomaterials used in this work were subjected to the measurement of surface topography by means of AFM (scale 5 μm) and DHM (scale 170 μm). The AFM topographical images are shown in Figure 2. The AFM topographical images of the studied materials in the 3D visualization are shown in Figure S4. While no metallic grains are visible on surfaces that were thermally

treated (i.e., thermal oxide grew on them) or anodized (TNT layer grew on them), one can clearly see that the Ti alloy (AM-TiAlV) displays the typical metallic grains. The TiO₂ ALD deposition did not affect the surface morphology of any of the samples investigated as visualized by AFM images (right column).

In Figure S5, one can see the illustration of the surface topography at a scale >170 μm, obtained by non-contact DHM profilometry. Figure 3 shows the resulting root-mean-square (RMS) values of the surface roughness, statistically represented as a box plot. The average values of the RMS depicted in Table 4 were in a narrow range of 70–92 nm. The ALD coating (1c of TiO₂, nominal thickness of ≈0.05 nm) did not change the roughness values (RMS) on the scales of >170 and 5 μm within the experimental error.

3.4. Cell proliferation – Ti Foils and TNT Layers. In this section, the evaluation of growth, i.e., adhesion and proliferation, of MG-63 cells during incubation up to 72 h was carried out on 1c TiO₂-coated CR-Ti foils and both CR- and AM-TNT layers (TNTs ~ 15 nm diameter). The MG-63 cell line was selected for the initial cellular experiment because MG-63 cells have been frequently used to evaluate the cell growth on surfaces modified using the ALD technique based on their bone origin.^{23,41,42} In principle, the present study follows the recent report showing the beneficial effect of 5c TiO₂-coated nanomaterials on cell growth and proliferation compared to 150c TiO₂.²³ In addition, the crystalline nanotube layers were included in this study.

MG-63 cells were cultured on CR-Ti foils and AM/CR-TNT layers both uncoated or coated with 1c TiO₂ ALD. Fluorescence staining of cell nuclei and actin filaments was used to identify the functional morphology of MG-63 cells depicted in Figure 4 according to several reports using the same approach.^{33,43,44} MG-63 cells incubated on AM/CR-TNT layers and CR-Ti foils coated with 1c TiO₂ had elongated cell shapes compared to those on uncoated ones, especially after 48 and 72 h (Figure 4). To evaluate the cell interaction with 1c TiO₂-coated foils and TNT layers, elongation of the cells was considered. The occurrence of elongated MG-63 cells reflects the proper adhesion of cells to the surface.⁴⁵ Assessment of elongation MG-63 cells on uncoated or 1c TiO₂-coated CR-Ti foils, CR-TNT, and AM-TNT layers is provided in the Supporting Information file (Figure S6). An increased elongation of MG-63 cells by approximately 20% was observed on all tested foils and TNT layers coated with 1c TiO₂ ALD compared to that of uncoated ones. The elongated morphology of cells on ALD-coated samples was found also in previous studies.^{46,47} For instance, the elongated morphology of MC3T3-E1 osteoblasts on

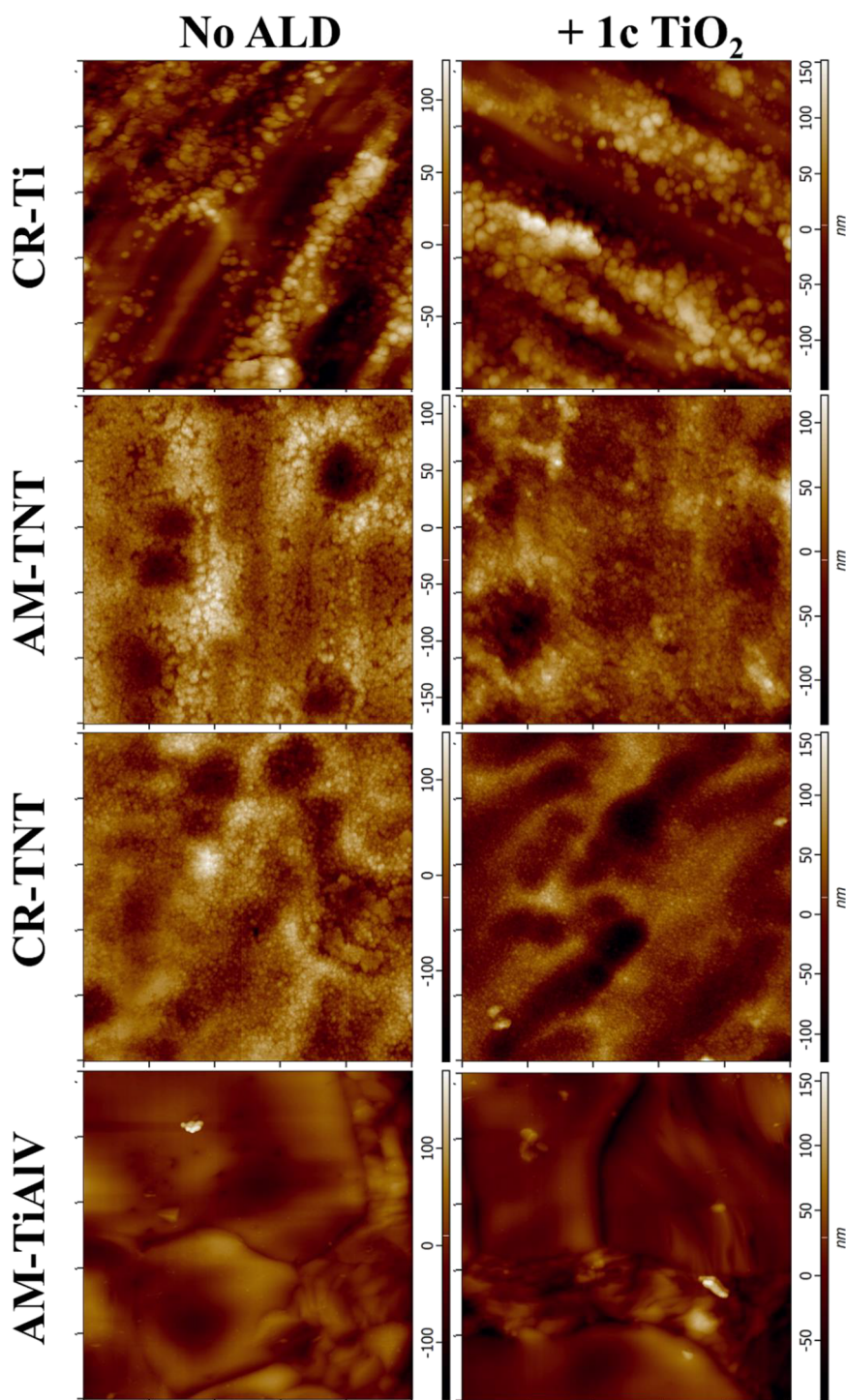


Figure 2. AFM topological images of the studied materials. The left column shows uncoated surfaces, and the right column surfaces with 1c TiO₂-coated (CR = crystalline; AM = amorphous). The scan area is 5 × 5 μm² for all images.

titanium sheets coated with hydroxyapatite by ALD was observed after 48 h, in contrast to the circular morphology exhibited when the cells were grown on cover glass.⁴⁶ Other authors show that the human fetal mesenchymal stem cells grown on Ag nanoparticles and Ag/TiO₂ nanostructures modified by ALD were elongated, bipolar, spindle-shaped, and interconnected by filopodia after 24 h.⁴⁷

Those images were subjected to image analysis. Counting the cell nuclei in individual fields of view and relating them to the mm² area gave a quantitative view of cell density in tested

samples. This approach for counting cellular nuclei has been commonly used in several reports to assess the cell density and proliferation.^{44,48,49} An increase in the number of cells incubated on materials coated with 1c TiO₂ in comparison to uncoated counterparts was observed at all time intervals, as shown in Figure 5. The most obvious increases in the cell density were found in AM-TNT layers and CR-Ti foils after 72 h, where the enhancement of cell density was approximately 7-times higher in comparison to uncoated layers or foils. Because the doubling time of MG-63 cells was 31 h, we can conclude

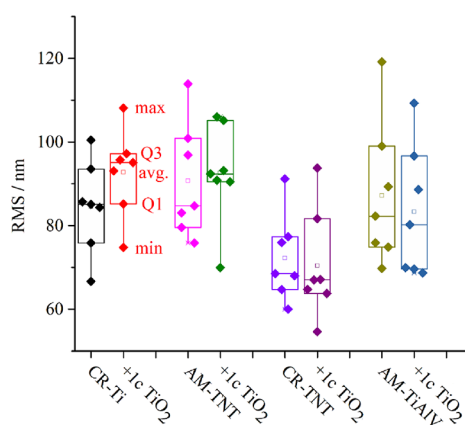


Figure 3. Roughness values (root-mean-square, RMS) obtained by DHM in the form of the box plot describing mean (open square); first and third quartile (box); and min/max values (whisker) of uncoated and 1c TiO₂-coated materials. The dotted rectangle reflects the experimental RMS value for each line.

Table 4. Roughness (RMS) Values for the Studied Material Determined at the Large (DHM - 170 μm^a) and Small (AFM - 5 μm^b) Scales

substrate	RMS (nm) ^a	RMS (nm) ^b
CR-Ti	86	38
CR-Ti + 1c TiO ₂	92	35
AM-TNT	91	36
AM-TNT + 1c TiO ₂	93	34
CR-TNT	72	30
CR-TNT + 1c TiO ₂	70	27
AM-TiAlV	88	35
AM-TiAlV + 1c TiO ₂	83	37

^aDHM based analysis (170 μm) with standard error of mean = 4 nm.

^bAFM-based analysis (5 × 5 μm²) with standard error of mean = 3 nm.

that we characterized not only the cell adhesion but also the cell proliferation on the tested materials.

The surface chemistry together with the surface topography can affect surface wetting properties (hydrophilicity/hydrophobicity) that can further affect the cell proliferation on the surface.^{40,50} In terms of surface chemistry, the beneficial effect of 1c TiO₂ ALD coating can be likely attributed to the shading of elements, such as fluorine, leading to considerable biocompatibility improvement.²³

The WCA measurements provided in Table 3 show an enhanced surface wettability (higher hydrophilicity) after 1c TiO₂ ALD for almost all modified surfaces, evidencing the beneficial effect on the cell proliferation activity in tested materials demonstrated in Figure 5. Herein, the influence of 1c TiO₂ ALD coating is very difficult to compare with other reports.^{33,34} Other authors describe the direct effect of the TiO₂ material coverage using the ALD technique (200–2500 cycles of TiO₂) on cell proliferation.^{33,34} However, in contrast to the present study, those reports show cell proliferation in materials that yielded significantly thicker coatings, making a comparison not possible. Another important factor that may influence cell proliferation is the WCA. For instance, the impact of the WCA was observed for different kinds of surfaces, and cell proliferation was improved with WCA about 60°.^{40,50–52} However, the WCA is one of several factors that influence cell growth. Thus, care needs to be taken when

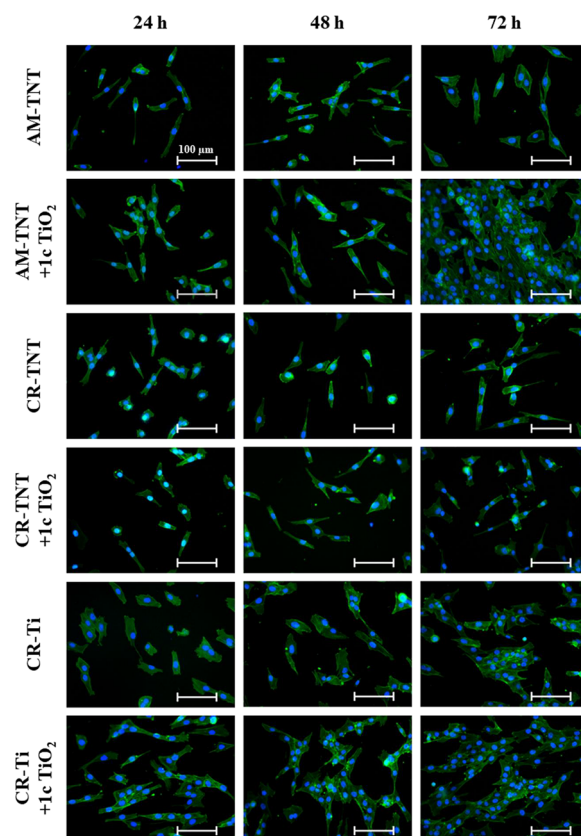


Figure 4. Photomicrographs of MG-63 cells on uncoated or 1c TiO₂-coated CR-Ti foils, CR-TNT, and AM-TNT layers grown for 24–72 h (CR = crystalline; AM = amorphous; 1c TiO₂ = 1c TiO₂ ALD coating). The actin filaments were stained with the phalloidin-FITC probe (green), and the cell's nuclei were stained with the Hoechst 33258 probe (blue).

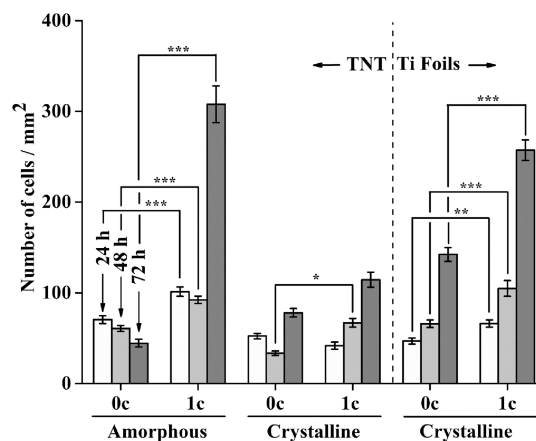


Figure 5. Density of MG-63 cells on crystalline thermal oxide layer on Ti foil and crystalline/amorphous TNT layers uncoated or 1c TiO₂-coated grown for 24–72 h (0c = without TiO₂ ALD coating; 1c TiO₂ = 1c TiO₂ ALD coating). Data originated from two independent experiments presented as mean ± SEM (*, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$).

judging the influence of the WCA on the surfaces presented in this work.

3.5. Cell proliferation – Ti-6Al-4V Foils. The beneficial cellular effect of 1c TiO₂ ALD coating in AM-TiAlV foils on the cell proliferation of MG-63 cells was evaluated. The

relevance of the use of the MG-63 cell line was based on their frequent use in Ti-6Al-4V alloys.^{53–56} Figure 6A shows the

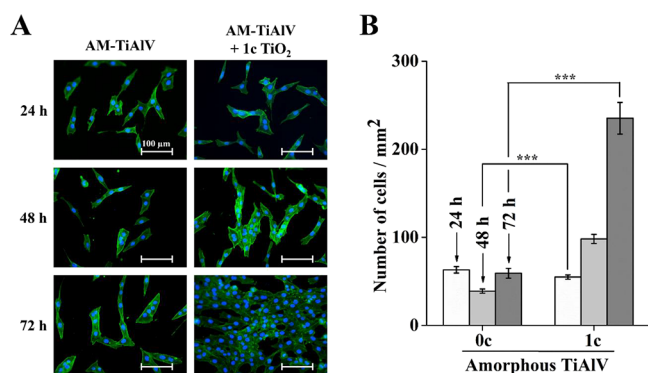


Figure 6. MG-63 cells on uncoated and 1c TiO₂-coated AM-TiAlV foils grown for 24–72 h (AM = amorphous; 0c = without TiO₂ ALD coating; 1c TiO₂ = 1c TiO₂ ALD coating). (A) Photomicrographs of MG-63 cells. The actin filaments were stained with the Phalloidin-FITC probe (green), and the cells' nuclei were stained with the Hoechst 33258 probe (blue); (B) number of cells' nuclei corresponding to cell count was quantified and presented in the graph. Data originating from two independent experiments are presented as mean ± SEM (***, $p < 0.001$).

MG-63 cell growth on AM-TiAlV. Fluorescence staining of nuclei (blue) and actin filaments (green) was used to identify the functional morphology of the MG-63 cells. On AM-TiAlV + 1c TiO₂, an elongated structure of the cells was observed compared to those cells cultured on the uncoated foils. The evaluation of the elongation of MG-63 cells on uncoated and 1c TiO₂-coated AM-TiAlV foils is provided in the Supporting Information file (Figure S7). The occurrence of elongated MG-63 cells grown on AM-TiAlV coated with 1c TiO₂ ALD in comparison with uncoated AM-TiAlV by approximately 15%, after 24 and 48 h was observed. The analysis of cell elongation after 72 h of incubation was not performed due to nearly 100% cell confluence. This finding became even more obvious over increasing time. The results from the optical analysis were used to quantify the number of cells present on a surface. Figure 6B shows 2.5-fold and 4-fold increases in the number of cells cultured on AM-TiAlV + 1c TiO₂ compared to uncoated foils, after 48 and 72 h, respectively.

In the last part of the present study, the cellular effect of 1c TiO₂ ALD-coated AM-TiAlV in other cell lines was evaluated. Thus, four cell lines of different origin, shape, and size were used. Fibroblasts (WI-38, MRC-5), A549 pulmonary cells, and U-87 MG glial cells were used. The results revealed a significant enhancement of the cell growth on 1c TiO₂ ALD-coated AM-TiAlV surfaces in all tested cell lines. According to outcomes presented in Figure 7, the most obvious increase in the number of cells incubated on uncoated or 1c TiO₂ coated AM-TiAlV was observed after 72 h of incubation, i.e., 150% in WI-38, 130% in A549, 143% in MRC-5 and 117% in U-87 MG (comparing the cell growth on uncoated materials = 100%). A beneficial effect of TiO₂ ALD coating was found in a recent study, in which TiAlV disks, which were chemically etched, covered with 2000c TiO₂ by ALD, and polished, improved biocompatible, and allowed osteogenic differentiation of human mesenchymal stromal cells after 21 days.⁵⁷ In our study, an increase in cell length was observed in all tested cell lines on AM-TiAlV coated with 1c TiO₂ ALD in comparison

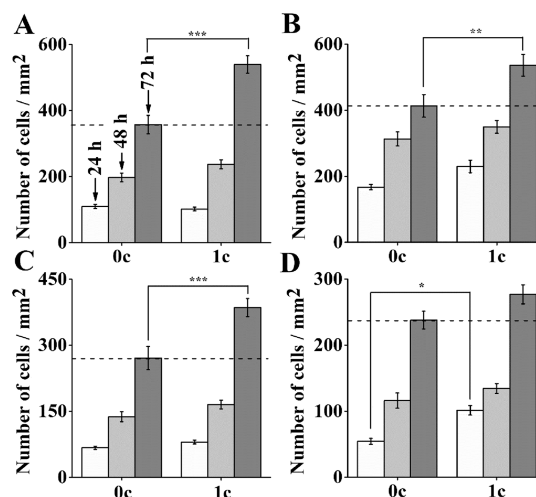


Figure 7. Density of various cell lines on uncoated and 1c TiO₂-coated AM-TiAlV grown for 24–72 h (0c = without TiO₂ ALD coating; 1c = 1c TiO₂ ALD coating). (A) WI-38, (B) A549, (C) MRC-5, and (D) U-87 MG; data originated from two independent experiments are presented as mean ± SEM (* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$).

with uncoated AM-TiAlV. Analysis of the elongation of A549, MRC-5, and U-87 MG cells on uncoated and 1c TiO₂-coated AM-TiAlV is provided in the Supporting Information file (Figure S8). In the case of the MRC-5 cell line, the most beneficial effect of 1c TiO₂-coated materials on cell elongation was observed. Analysis of the elongation WI-38 cell line after 72 h was not performed due to cell confluence of nearly 100%. The original fluorescence micrographs showing the beneficial effect of 1c TiO₂ ALD coating on the cell growth of the different cell lines are provided in the Supporting Information file (Figures S9–S12). In conclusion, these results strongly confirmed our above-demonstrated data that the thinnest possible coating made by only 1c TiO₂ ALD process changed the surface chemistry and wettability, resulting in enhanced cell proliferation.

4. CONCLUSIONS

In this work, surfaces of metallic Ti and Ti-6Al-4V foils were investigated as such or after anodization, yielding coverage by nanotubular layers. Then, they were coated by ultrathin coating with a nominal thickness of 0.055 nm, produced using 1 TiO₂ ALD cycle. The surfaces were investigated in terms of the morphology, composition, and wettability. SEM, AFM, and profilometric results did not show any significant changes in the roughness and morphology of surfaces after 1c of TiO₂ ALD coating in any of the substrates. The XPS analysis revealed that the chemical composition of all surfaces was modified after 1c TiO₂ giving a decrease of occurrence of F and Al elements as a result. Then, the growth of MG-63 cells on all materials was estimated. In the case of Ti surfaces, AM-TNT + 1c TiO₂ exhibited the highest MG-63 osteoblast cell density when compared to other Ti surfaces tested. Additionally, the cell proliferation was evaluated in other four cell lines for AM-TiAlV alloy surfaces. A significant increase in the number of cells growing on AM-TiAlV + 1c TiO₂ compared with uncoated counterparts was found. In addition, we found the beneficial effect of 1c TiO₂ ALD on cell elongation. The results on surface wettability showed that surface modification with a 1c TiO₂ ALD coating decreases the surface hydro-

philicity in almost all cases (except for CR-TNT) adjusting the contact angle between 60–80°. Thus, the occurrence of increased cell proliferation on surfaces coated with 1c TiO₂ ALD coating can be caused by a combination of changing the chemistry of the surface and the wettability whereby the ultrathin TiO₂ coating can diminish the negative cytotoxicity effect of F and V in the widely used biomedical Ti-6Al-4V alloy. The contributions of surface chemistry, surface structure, and wettability of the 1c TiO₂ ALD-coated materials to cell proliferation seem to be equal. Overall, the results presented here bring new and very valuable information on the modification of biomedically relevant surfaces toward significantly improved biocompatibility and promoted cell growth.

■ ASSOCIATED CONTENT

SI Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsami.3c17074>.

SEM cross-sectional views of AM-TNT and CR-TNT layers, XPS survey spectra, EDX data, photographs of water droplets with contact angle values, topological 3D AFM images, topographical profiles obtained by profilometry of all layers uncoated and 1c TiO₂-coated, analyses of cell elongations, photomicrographs of A549 and MRC-5 cells on uncoated and 1c TiO₂-coated AM-TiAlV (PDF)

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Notes

The authors declare no competing financial interest.

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